# Fall with cellulitis, drainage to skin surface

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• Decreased range of motion of the right hip, pain, elevated CRP x 3 days.



W 1356 : L 678

11



W 1198 : L 600

8



W 1246 : L 623



W 1249 : L 624

12



W 1257 : L 628



W 1596 : L 798

17



W 1665 : L 833











#### Bursae

- Generally found over bone prominences, especially in subcutaneous locations
- Bursitis: inflammation of lining of bursa
- Small amounts of bursal fluid are normal, large amounts usually indicate bursitis
- Some causes of bursitis include:
  - Rheumatoid arthritis
  - Seronegative spondyloarthropathies
  - Crystal deposition diseases
  - Infection
  - trauma

Olecranon bursitis – student's elbow

Prepatellar bursitis – housemaid's knee

Infrapatellar bursitis – preacher's knee

- 2 types of bursae
  - Synovial bursae: synovial lined bursae, develop in utero in defined anatomic locations
  - Adventitious bursae: non synovial lined bursae, acquired post partum due to friction between opposing tissues
- Bursae can be classified as communicating or non-communicating. When a bursa is located adjacent to a joint, the synovial membrane of the bursae may communicate with the joint

# There are lots of bursae

Shoulder

Subscapularis recess

Subcoaracoid bursa



#### Bursae about the knee

• Superficial infrapatellar

• Deep infrapatellar

• Prepatellar

Suprapatellar



• Semimebranosus bursa

• Pes anserine bursa

• Medial collateral ligament bursa



#### Bursae about the hip

Trochanteric bursitis

- Iliopsoas bursitis
- Subgluteus medius bursitis
- Subgluteus minimus bursitis



## Septic subcutaneous bursitis

- Most frequent in olecranon and prepatellar regions
- Other sites:
  - Subdeltoid, infrapatellar, trochanteric, subgluteal, retrocalcaneal and iliopsoas bursae.
- Men affected more frequently than women
- Prepatallear bursa may become infected in children

# **Risk factors**

- Often history of recent injury, occupational trauma, puncture wound or therapeutic injection
- Other predisposing conditions:
  - Diabetes
  - Alcoholism
  - Immunocompromised state, eczema, psoriasis
  - Rheumatoid and gouty arthritis

# **Clinical manifestations**

- Painful swelling localized to involved bursa
- Subcutaneous edema
- Normal range of joint motion
- Fever
- Cellulitis commonly present
- Typically not associated with septic arthritis so presence of joint fluid in cases of septic bursitis does not necessarily imply joint is infected

# Olecranon bursitis



- Majority results from inflammatory arthritis (aseptic)
- Only 25% infectious in etiology
- Due to superficial location, a common site for injury, inflammation and infection
- Trauma to the skin, or infection in surrounding soft tissues provide portal of entry for bacteria.
- Nonseptic olecranon bursitis has also been reported in football players who play on artificial turf
- Many patients with septic olecranon bursitis lack a history of trauma or visible laceration in region of bursa and speculation exists that penetration through microbreaks in skin surface occur.
- Seen with inflammatory arthropathy such as RA and gout

# Ultrasound and bursitis

- Majority of bursae not visible with u/s unless distended with fluid or proliferative synovial tissue
- Acute bursitis: thin walled bursa distended with hypoechoic fluid, peribursal edema
- Chronic bursitis: greater thickening of bursal wall, more mature synovial proliferation, more echogenic content and increased likelihood of intrabursal hyperemia
  - Can simulate a soft tissue mass or abscess
  - If echogenic foci in distended bursa, consider crystal deposition

#### MRI Characteristics of Olecranon Bursitis

Frank Floemer<sup>1</sup> William B. Morrison<sup>2</sup> Georg Bongartz<sup>1</sup> Hans Peter Ledermann<sup>1</sup>

#### Treatment

- Conservative
  - Rest, anti-inflammatory agents
    - Ultrasound-guided corticosteroid ± long-acting local anesthetic injection
- Surgical
  - Excision for resistant cases

#### References

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