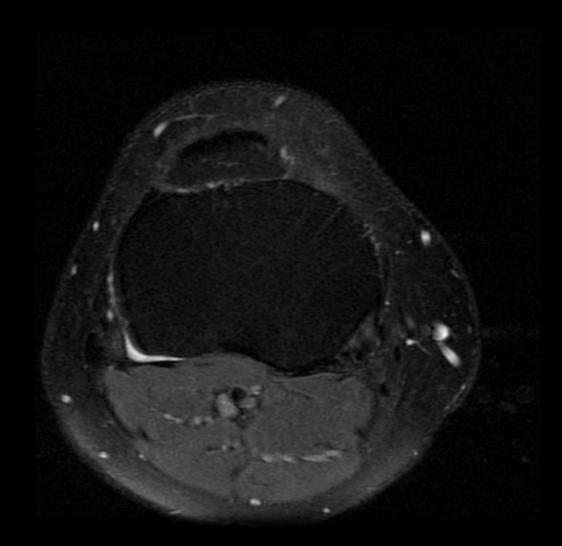
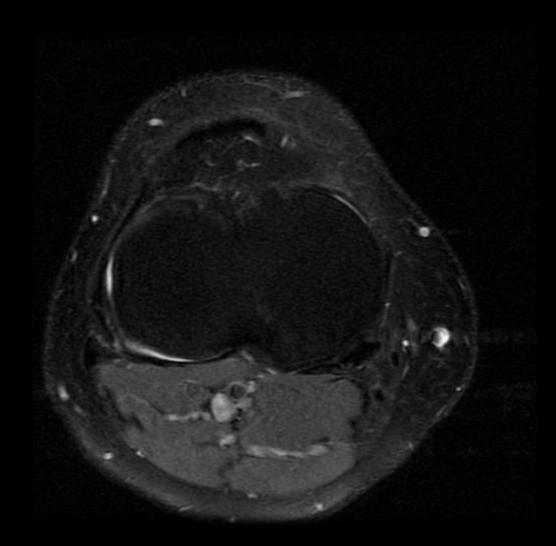
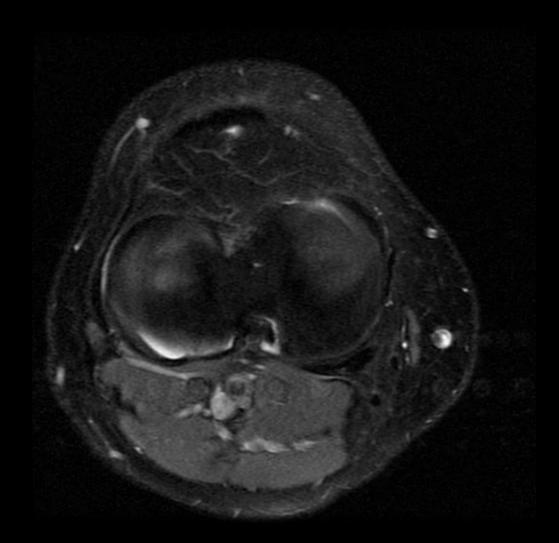


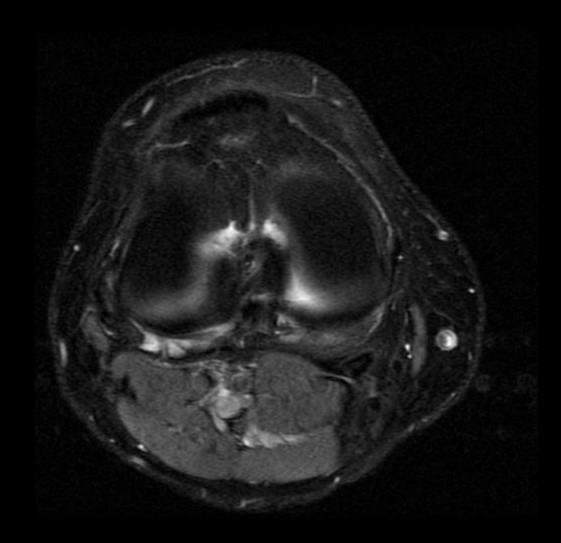
45 year old male with chronic knee pain

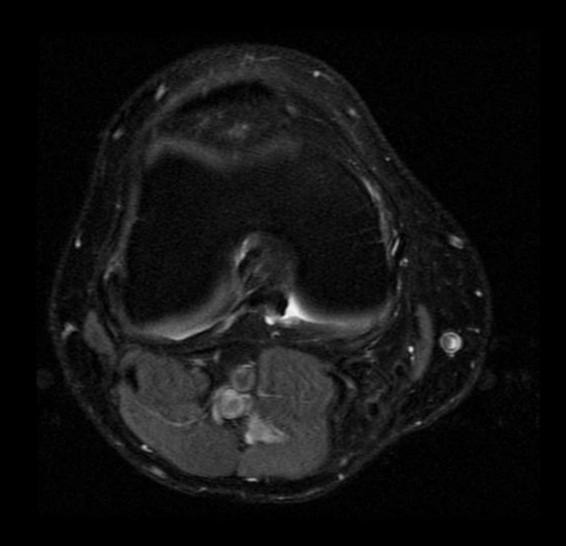
Amol Patil, MD.

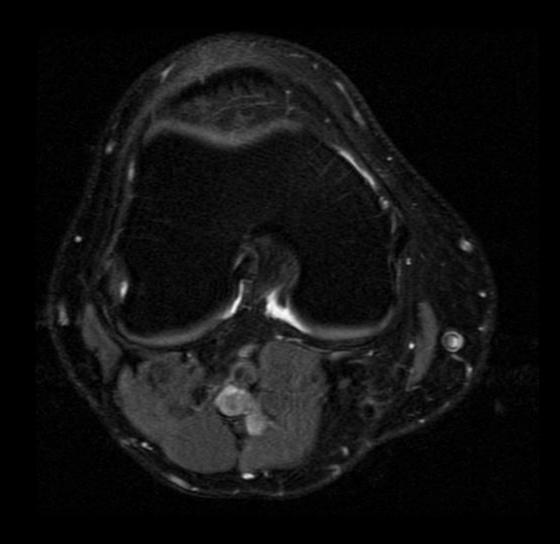


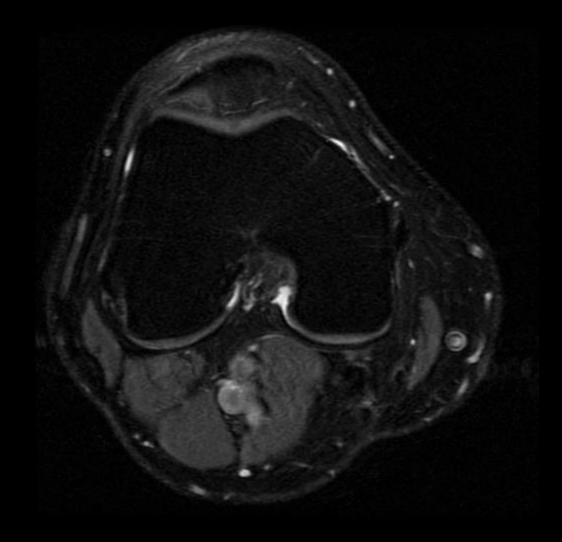


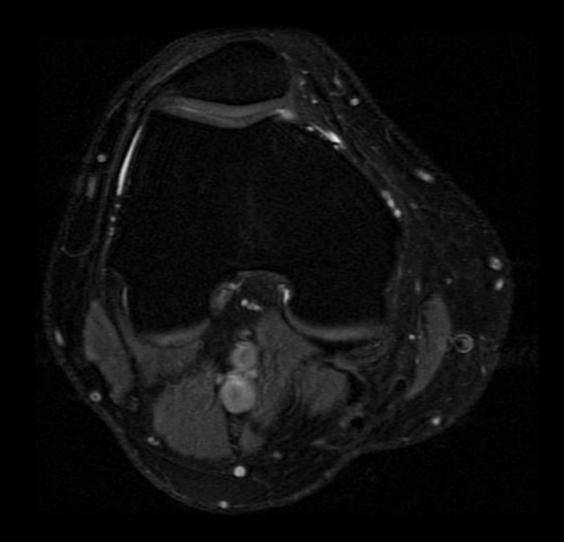


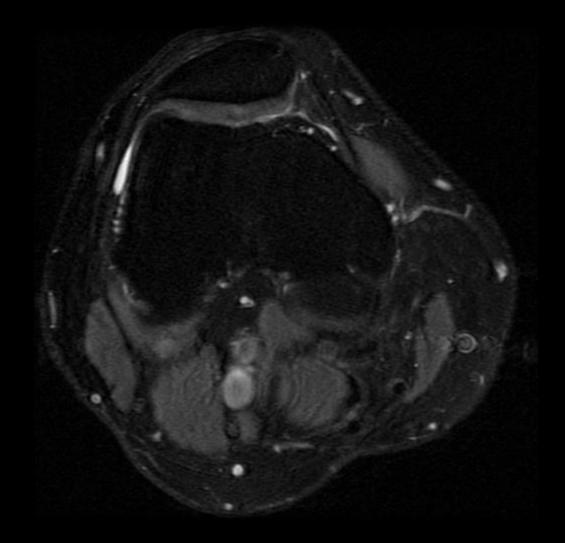


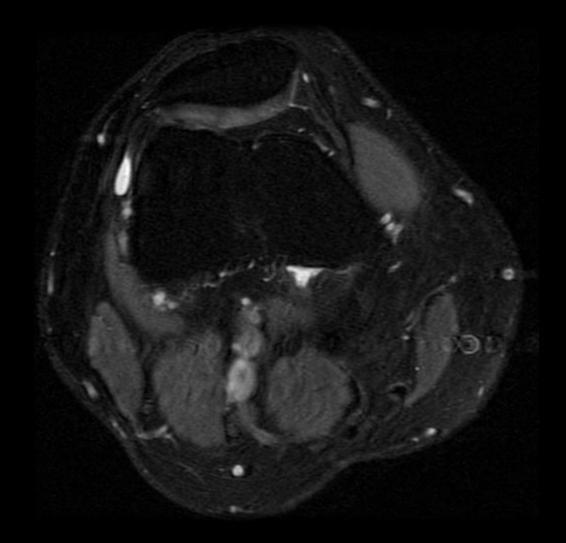


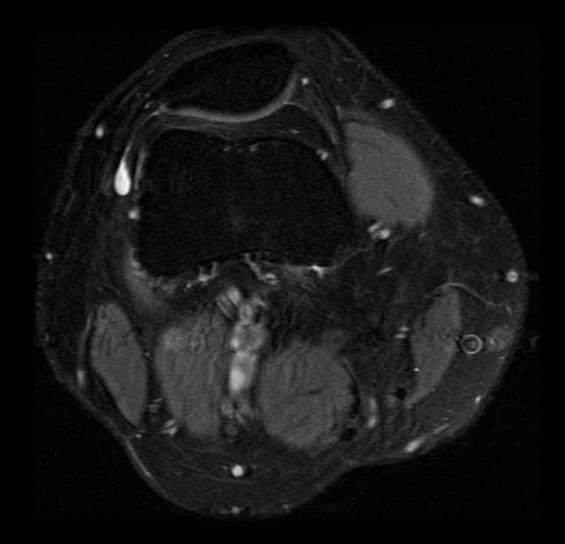


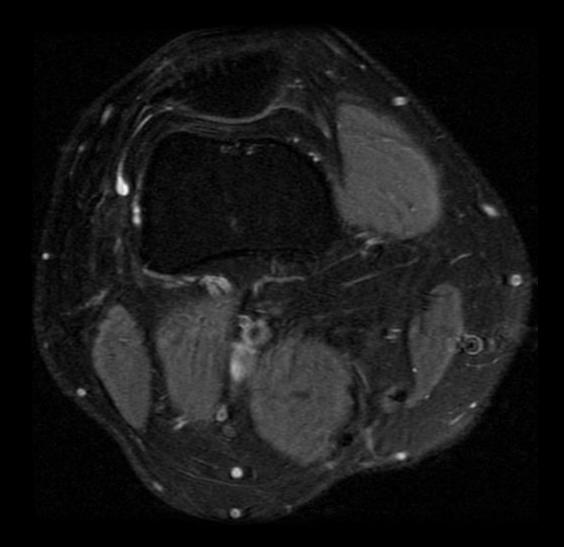


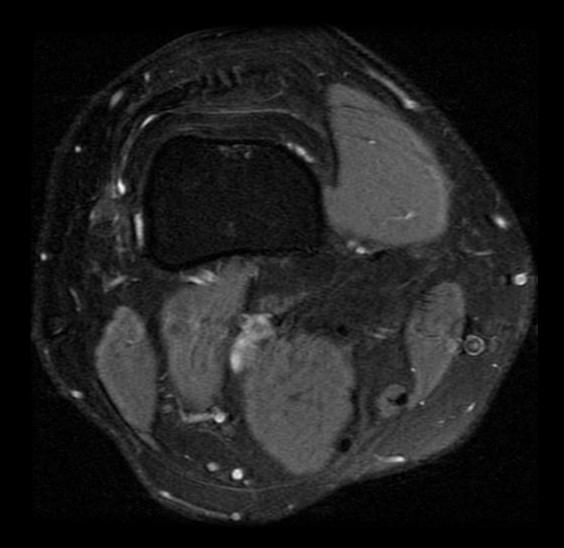


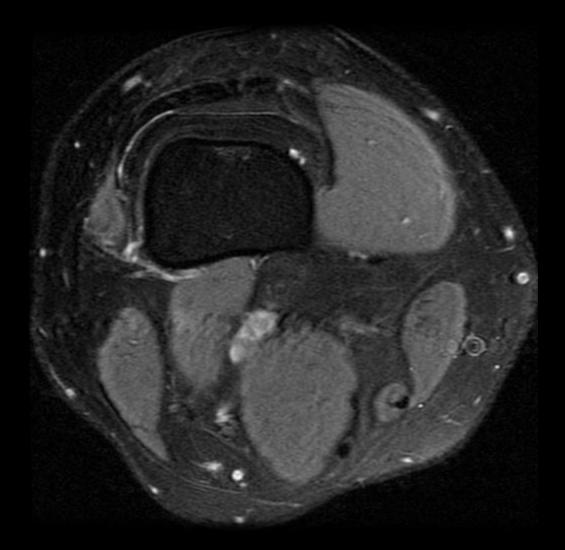


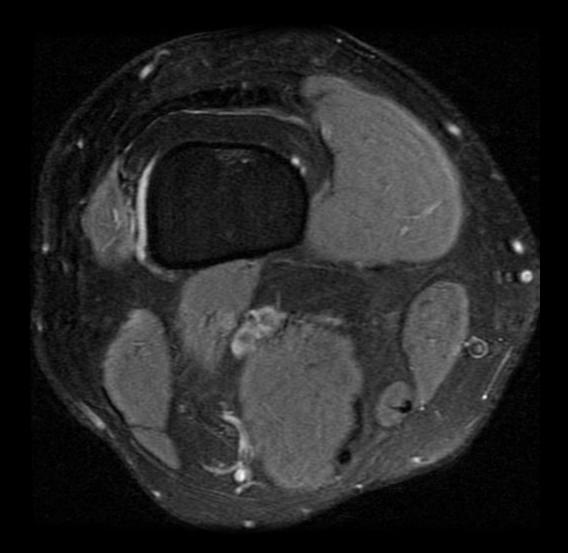






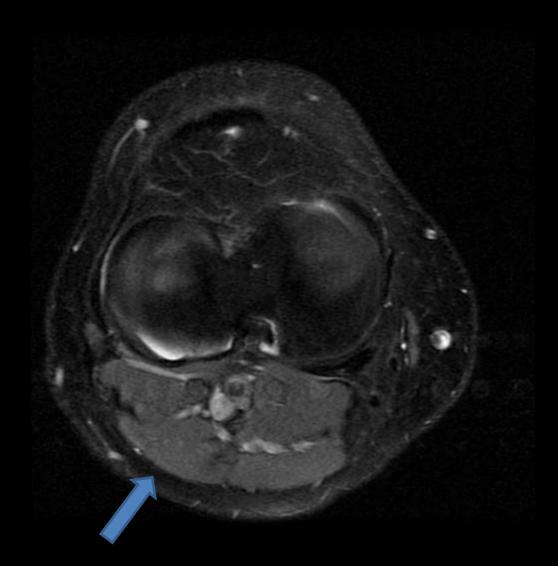


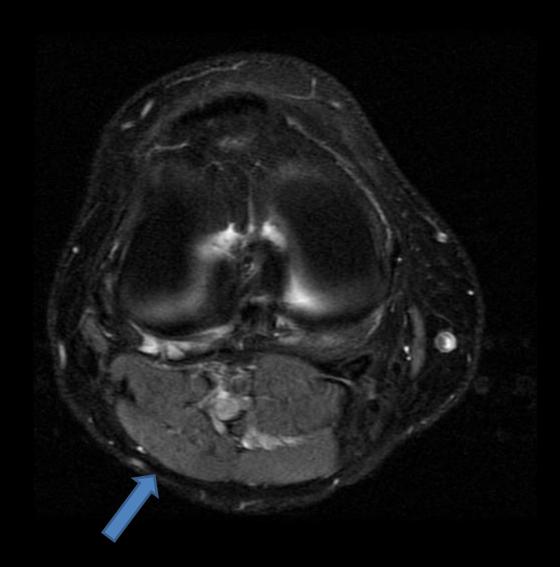




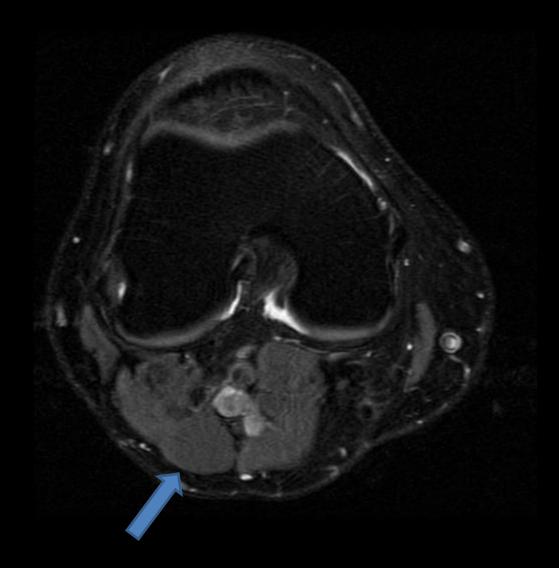


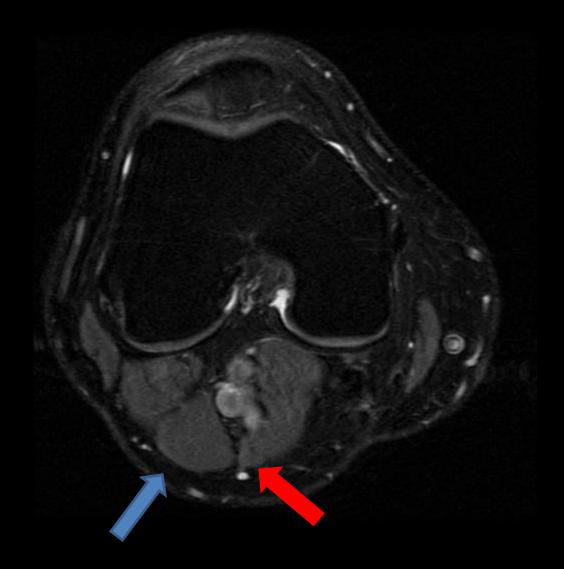


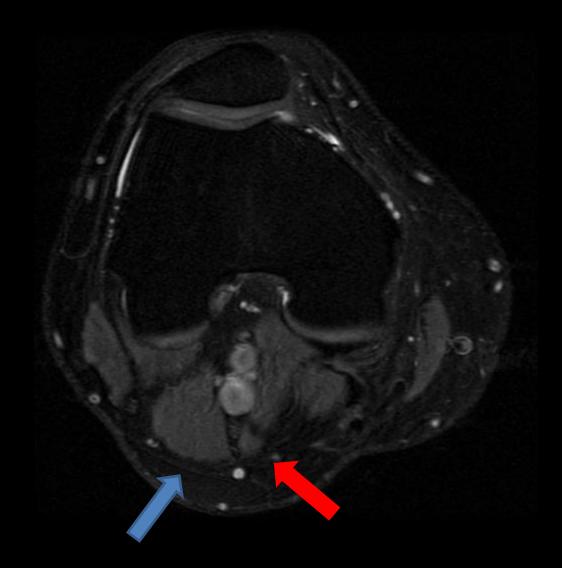


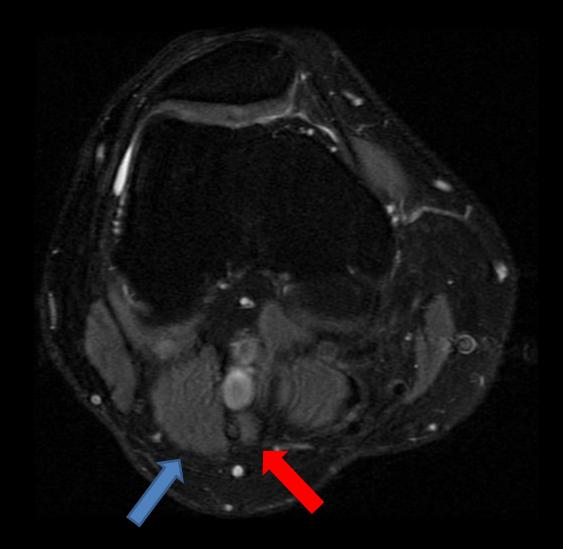


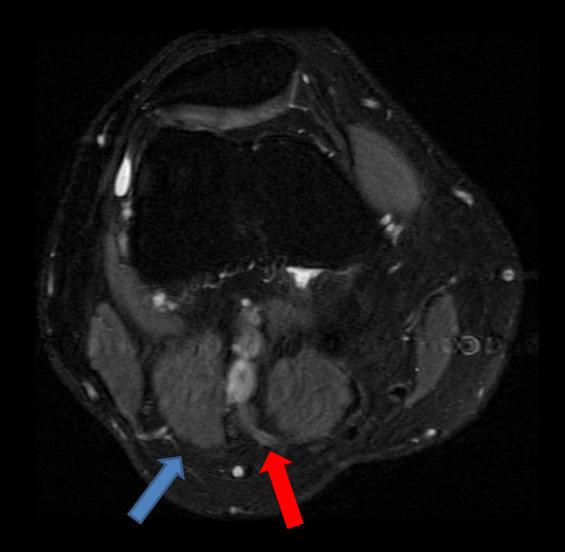


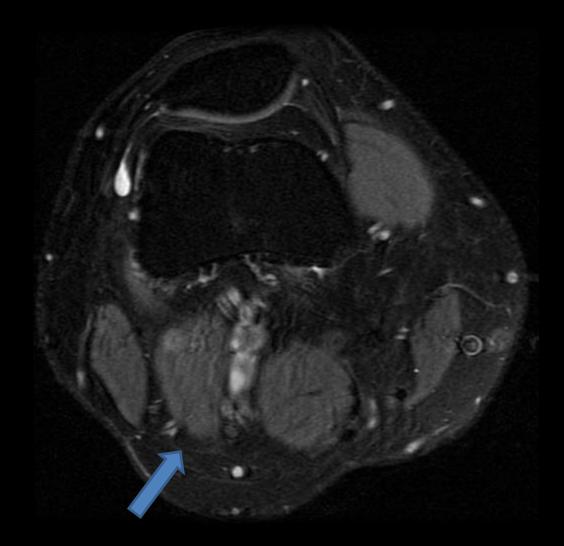


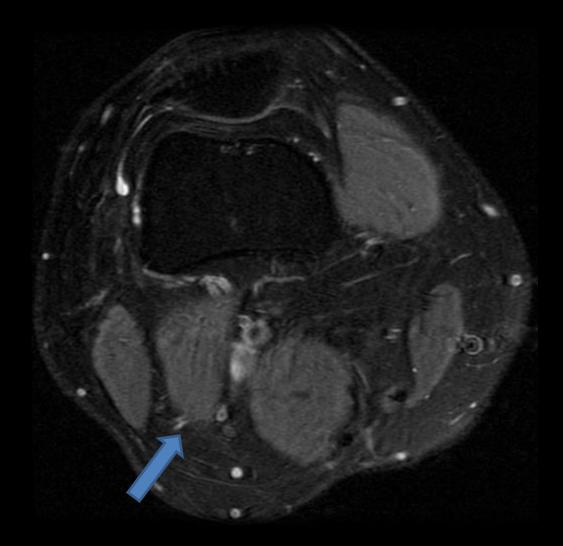


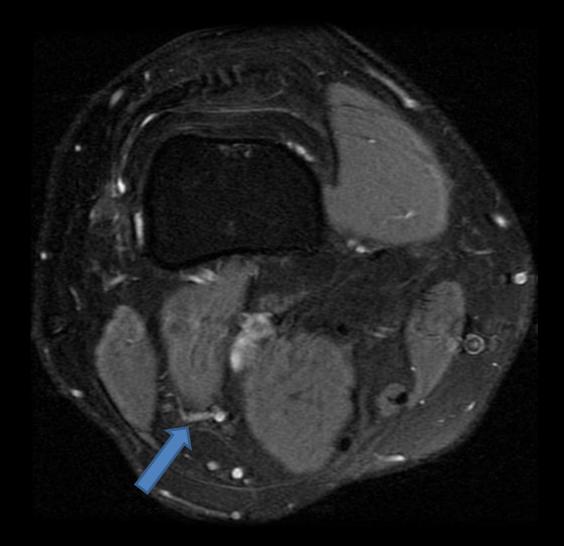


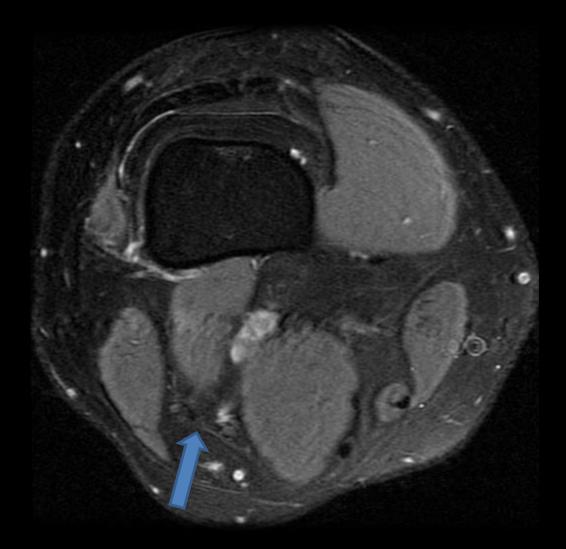


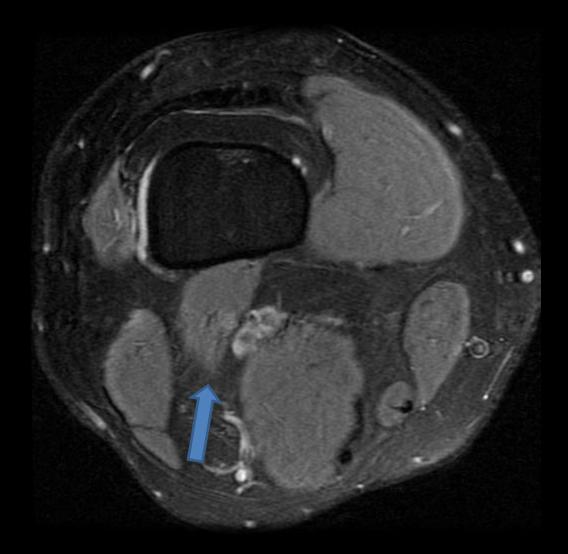


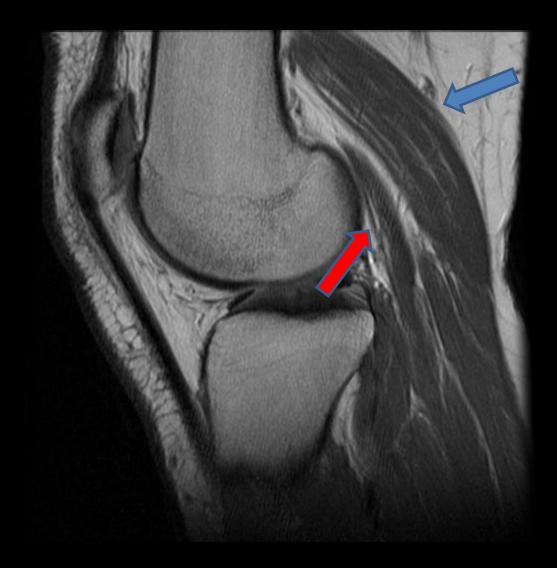














ACCESSORY 3RD HEAD OF GASTROCNEMIUS

- Supernumerous / anomalous muscle.
- First described by Kelch in 1813 and was further detailed by Frey in 1919.
- Between 2.0% and 5.5%.
- Typically asymptomatic
- Mimic a soft tissue tumor
- Compress the popliteal artery and/or popliteal vein

ANATOMY

• Medial head - superoposterior margin of the medial femoral condyle and femoral margin of the knee joint capsule.

• Lateral head - posterolateral surface of the lateral femoral condyle, and the adjacent knee joint capsule.

• Accessory / 3rd head originates from the distal femoral metaphysis.

• Anomalous band that arises from the medial head of the gastrocnemius.

POPLITEAL VASCULAR ENTRAPMENT SYNDROME (PAES)

 Claudication in a young athletic patient due to an anomalous course of the popliteal artery / vein.

• Recurrent arterial compression - early atherosclerosis, thrombus formation, aneurysm, distal emboli, and rarely rupture.

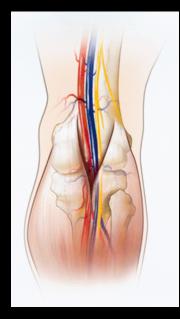
• Compression of the popliteal vein - deep venous thrombosis and pulmonary emboli.

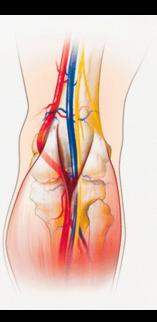
• Precipitated by forced plantar flexion

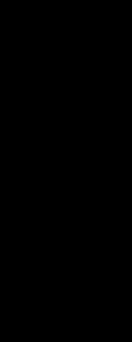
Pictorial Essay

Popliteal Artery Entrapment Syndrome: Role of Imaging in the Diagnosis

Thanila A. Macedo¹, C. Michael Johnson¹, John W. Hallett, Jr.², Jerome F. Breen¹













References

- 1. American Journal of Roentgenology. 2003;181: 1259-1265. 10.2214/ajr.181.5.1811259
- 2. Radsource.us/accessory-muscles-of-the-knee
- Accessory Muscles: Anatomy, Symptoms, and Radiologic Evaluation Paul A. Sookur, Ali M. Naraghi, Robert R. Bleakney, Rosy Jalan, Otto Chan, and Lawrence M. White RadioGraphics 2008 28:2, 481-499